

# Hoagie Sandwich

具たくさんで大満足！  
やわらかめのバゲットが  
おすすめです。





# Hoagie Sandwich

**Serves 4-6**



## INGREDIENTS:

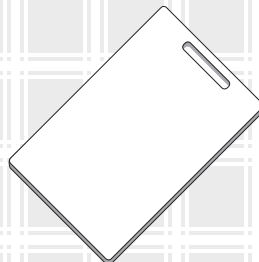


- 1 loaf baguette (French bread)
- 1/4 cup mayonnaise
- 1/2 medium onion
- 1 medium tomato
- 1 medium green pepper
- 4 slices cheese
- 100 g sliced ham
- 100 g sliced chicken & salami
- 1 cup lettuce, shredded
- 1/2 cup Italian or Japanese dressing

## UTENSILS:



- cutting board
- serrated knife
- table knife
- measuring cups
- 6 toothpicks



## HOW TO COOK:



1. Cut the bread in half, making a top and bottom, using the serrated knife.  
Spread mayonnaise onto the bottom half of the bread.
2. Peel the outside layer of the onion.  
Cut the onion, tomato, and green pepper into thin slices.  
Remove the seeds from inside the green pepper and throw them away.
3. Put the cheese, meat, lettuce, tomato, onion, and green pepper on the bread.
4. Sprinkle the dressing on the vegetables, cheese and meats.  
Place the top half of the bread on the sandwich.  
Poke the toothpicks into the sandwich to hold it together.  
Cut the sandwich into 6 pieces.



## KITCHEN WORDS

loaf	パン 1 個
medium	中くらいの
slice	薄切り 1 枚
shred	細く切る
dressing	ドレッシング
serrated knife	パン切り包丁
table knife	テーブルナイフ
toothpick	つまようじ
half	半分
top	上
bottom	下
use	使う
spread	薄く塗る
layer	層
remove	取り去る
seed	種
put	置く
sprinkle	ふりかける
poke	突き刺す
hold together	一緒にする